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Emotion

Once upon a [time](#), there was [an](#) island where all the feelings lived:

Happiness, Sadness, Knowledge, and all of the others including Love.

However, one day it was announced to the feelings that the island would sink, so all prepared their boats and left. Love was the only one who stayed.

Love wanted to stay until it started sinking. When Love was almost sinking, he decided to ask for [help](#).

Richness was passing by Love in a beautiful boat. Love said, Richness, can you take me with you?

Richness answered, No, I can't. There are a lot of gold and silver in my boat. There is no [place](#) here for you.

Love decided to ask Vanity who was also passing by, Vanity, please [help](#) me!

I can't [help](#) you Love. You are all wet and can probably damage my boat, Vanity answered.

Sadness was close by so Love asked for [help](#), Sadness, let me go with you.

Oh...Love, I am so [sad](#) that I prefer to go alone!

Happiness passed by Love too, but she was so happy that she did not listen when Love called her!

Suddenly, there was a voice, Come Love, I will take you. It was [an](#) elderly. Love became very happy that he even forgot to ask the [name](#) of the elderly.

When they arrived to the other side , Love asked Knowledge who the elderly was. It was [Time](#).

[Time](#)? But why did [Time](#) [help](#) me?

Because only [Time](#) is capable of understanding you..... Love.

P.S: [Time](#) is capable of solving anything. Things today may not have a solution but tomorrow you will find one!

Ego

Once upon a [time](#) there was [an](#) island , where all the feelings lived together .

One day there was a storm in the sea and the island was about to get drowned. Every feeling was scared but Love made a boat to escape. Every feeling boarded the boat . Only 1 feeling was left. Love got down to see who it was.. It was EGO.. Love tried and tried but ego wasn't moving also the [water](#) was rising. Every one asked love to leave [him](#) and come in the boat, but love was made to love.

At last all the feelings escape and Love dies with ego on the island..

Love Dies because of EGO .

So, Kill Ego & Save LOVE , It's Precious!!!!!!

love and madness

A long **time** ago, before the world was created and humans set **foot** on it for the first **time**, virtues and vices floated around and were bored, not knowing what to **do**. One day, all the vices and virtues were gathered together and were more bored than ever.

Suddenly, Ingenious came **up** with **an** idea: «Let's play hide and seek!» All of them liked the idea and immediately Madness shouted: «I want to count, I want to count!» And since nobody was crazy enough to want to seek Madness, all the others agreed. Madness leaned against a **tree** and started to count: «One, two, three...»

As Madness counted, the vices and virtues went hiding. Tenderness hung itself on the **horn** of the **moon**, Treason hid in a pile of garbage. Fondness curled **up** between the clouds and Passion went to the centre of the **earth**. Lie said that it would hide under a **stone**, but hid at the bottom of the lake, whilst Avarice entered a sack that he ended **up** breaking. And Madness continued to count: «...seventy nine, eighty, eighty one...»

By this **time**, all the vices and virtues were already hidden – except Love. For undecided as Love is, he could not decide where to hide. And this should not surprise us, because we all know how difficult it is to hide Love.

Madness: «...ninety five, ninety six, ninety seven...» Just when Madness got to one hundred, Love jumped into a rose bush where he hid. And Madness turned around and shouted: «I'm coming, I'm coming!»

As Madness turned around, Laziness was the first to **be** found, because Laziness had no energy to hide. Then he spotted Tenderness in the **horn** of the **moon**, Lie at the bottom of the lake and Passion at the centre of the **earth**. One by one, Madness found them all – except Love. Madness was getting desperate, unable to find Love.

Envious of Love, Envy whispered to Madness: «You only need to find Love, and Love is hiding in the rose bush.»

Madness grabbed a wooden pitch fork and stabbed wildly at the rose bush. Madness stabbed and stabbed until a heartbreaking cry made **him** stop. Love appeared from the rose bush, covering his **face** with his hands. Between his fingers ran two trickles of blood from his eyes. Madness, so anxious to find Love, had stabbed out Love's eyes with a pitch fork. «What have I done! What have I done!» Madness shouted. «I have left you blind! How can I repair it?»

And Love answered: «You cannot repair my eyes. But if you want to **do** something for me, you can **be** my guide.» And so it came about that from that day on, Love is blind and is always accompanied by Madness.

Psychology

Buddhi is the factor in the psychological apparatus which prevents a **person** from acting impulsively.

This is highlighted in Katha Upanishad (1.3.3) where the atma is said to **be** the rider of the chariot of the **human body**, buddhi to **be** the charioteer, manas to **be** the reins and senses to **be** the horses drawing the chariot. Thus, buddhi as charioteer discharges the cognitive and emotional functions and arrives at decisions. Ahankara or the 'I' feeling comes into play whenever buddhi makes a positive or a negative judgment.

Soul	रूह	आत्मा	rider	यात्रिक
cognitive and emotional impulses	जज्बात	बुद्धि	charioteer	सारथी
Mind	अकल	मन	reins	लगाम
Senses	एहसास	इंद्रिय	horses	घोडा
Body	जिस्म	शरीर	chariot	रथ
thought	खयाल	विचार	wind	पवन
idea			lamp	दीपक
ego	खुदी		flag	ध्वज
desires	खवैष		clouds	बादल
consciousness	होश		earth	
			sky	
anger	गुस्सा		fire	अग्नि
ignorance / unconscious mind	जहालत		darkness	
subconscious mind				
conscious mind			light	प्रकाश
internal speech (formed without objects)			communication with horses before moving	
external speech / words of god			horses moving	
heard knowledge / heard from god				
anxiety	फिक्र		travelling in darkness	
hate	नफरत		fire	
still chariot	Still human body			
Destroy chariot	kill his physical body			
Weak chariot -	weak body			
Strong chariot -	strong body			
Broken chariot -	broken body			

* Still chariot - meditation

- Destroy chariot - kill his physical **body**
- Weak chariot - weak **body**
- Strong chariot - strong **body**
- Broken chariot - broken **body**

Broken horses	blind , dumb or weak senses
Control horses -	control senses
Wild horses -	wild senses
Horses running wildly	senses deviating
black horses	vulgar , rude , wild , cruel
White horses	nice ,
cheating the horses in to believing	illusion
Horses wrong perception	hallucination

- Broken horses - blind , dumb or weak senses
- Control horses - control senses
- Wild horses - wild senses
- Horses running wildly - senses deviating
- Reins - control
- Loose reins - loose control of senses
- Strong reins - strong control

□

* Charioteer weak -

- Charioteer dark - lazy , kills , eats too much
- Charioteer king - desires , stops , attachments
- Charioteer truth - sattvic ,

Soul sitting down	sad
soul crying	
Soul standing up	happy
Soul jumping	enjoy
Soul burning	anger
Soul cool	peace
Soul leaving chariot	sacrifice
Soul running away	fear
Soul moving towards	courage
Soul touched by air or wind	
Soul touched	
Soul self satisfied	
Body + soul - move together is self confidence	
One soul to other soul + trust	

From:

<https://mantrakshar.co.in/> - Kshtrgyn

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