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2025/03/12 23:00 3/3 HUMAN BODY POINTS

HUMAN BODY POINTS

BODY CENTER

- A person's center of mass is slightly below his/her belly button, which is nearly the geometric center of a person.
- Males and females have different centers of mass- females' centers of mass are lower than those of males.
- The average ratio of center of mass to height in females is approximately 0.543 and the average ratio of center of mass to height in males is approximately 0.560.

POINTS ON HUMAN HEAD

- Bregma
- nasion
- inion
- glabella

SPIRITUAL CHAKRAS

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